



Quick Facts About Myasthenia Gravis (MG)

What Is Myasthenia Gravis?

Ice Pack Test

Before



After



Courtesy of Dr. Bonnie Keung, M.D.

How Can Myasthenia Gravis Affect Me?

- **Ocular MG** can weaken muscles of the eyes causing double vision and eyelid droop.
- **Generalized MG** can weaken muscles of the eyes, limbs, neck, as well as muscles of speaking, swallowing or breathing, which may be life-threatening.
- A **CT scan** of the chest may be ordered to rule out a **thymoma** which may require surgery.
- Certain **medications** can **worsen** MG and thus, **all your physicians should be informed** if you have MG.

<https://www.nanosweb.org/myasthenia>

- Myasthenia gravis (MG) is an **autoimmune** disease.
- **Antibodies** can be detected via a blood test but may not always be present.
- In-office **ice pack test**, **EMG** or trial of medications can help confirm the diagnosis.

What Should I Do About Myasthenia Gravis?

- A **neuro-ophthalmologist** checks your eyelids and eye movements.
- A **neuro-ophthalmologist** or **neurologist** may need to treat your symptoms.
- **Treatment** may include Pyridostigmine, steroids and other long-term medications to suppress your immune system.
- There is **no cure** for MG but many patients can control their symptoms with medications.

